

PONT Szakmai Fejlesztő Alapítvány

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„Men in the mirror” Infopack

Date: 02nd of MAY – 10th of May, 2019

Venue: Balatonalmádi, Hungary



Erasmus+

Summary

Project „men in the mirror” is an international youth exchange project which involves 6 youngsters from Malta, Turkey, Greece, Lithuania, Poland, Italy and Hungary.

The “Men in the mirror” project will be implemented from 02nd of May 10th of May, 2019 in Balatonalmádi (Hungary). Participants number per country: 5+1.

Age limit: between 18-30 (leaders can be 30+). We prefer participants, who will departure from their country.

Arrival day: 02nd of May

Departure day: 10th of May

All together there are 7 organizations involved in the project (6 partners + the Lélektér Foundation). Our Foundation also delegates a team and 3 volunteers further to help with the technical issues and administration.

Goals

The aim of the project is to getting to know themselves and others, the topic of solidarity towards our fellow-beings in an international environment. . Our foundation focus on that part of life-long learning which is related to self-acceptance and accepting others, solidarity towards others, solidarity between cultures, the establishment of peaceful conversations, independently of belonging to different religious, ethnic, gender, political or any other groups. The other important aim of the project is to create opportunities in an international environment where the participants acquire knowledge and gain experience which can make them take steps towards sharing solidarity with their fellow-beings and between different cultures.

Short-term goals of the project are to build new international networks, to propagate the Erasmus+ Programme, and to provide development of competencies of the participants' varied skills. The program also aims to generate opportunities to learn and adapt good-practices, to improve language skills of the youngsters.

Who can attend?

AGE: Young people aged between **18** and **30** years (leaders can be 30+)

NUMBER OF THE PARTICIPANTS: **5 + 1**

Financial conditions

Travel Limits

Costs of the transportation will be reimbursed up to the national limits (look below) from the city where the organization is based to our venue (Balatonalmádi) and way back!

- Poland: 180 € per participants (only on distance Warsaw – Balatonalmádi and way back) will be reimbursed.
- Greece: 275 € per participants (only on distance Athens – Balatonalmádi and way back) will be reimbursed
- Malta: 275 € per participants (only on distance Zejtun – Balatonalmádi and way back) will be reimbursed
- Lithuania: 275 € per participants (only on distance Kaunas – Balatonalmádi and way back) will be reimbursed
- Turkey: 275 € per participants (only on distance Adana – Balatonalmádi and way back) will be reimbursed
- Italy: 275 € per participants (only on distance Magenta – Balatonalmádi and way back) will be reimbursed

IMPORTANT TO KNOW !

Wait for our confirmation before you buy the ticket/tickets!

Tickets can be purchased until **01th of April** NOT LATER! **(we will not reimburse tickets that were bought later than this date or weren't confirmed by us)**

E-tickets need to be sent to pontalapitvany@gmail.com until the same date (01th of April).

- **We can not reimburse any travelling cost without official documentations.**
- **If a participants spend more than the national limit, it will be their responsibility to pay the rest of their cost over the limit.**
- **Missing or lost tickets won't be reimbursed.**
- **Costs for taxi or petrol won't be reimbursed.**
- **We do not accept traveling by transfer or use Travel Agencies!**

Summary – What we need?

Via email: the original invoices (prices stated on it) as a proof of the payment, original boarding passes

Physically: public transportation (bus, train, subway) tickets

Accommodation, Food

Accommodation: Nereus Park Hotel – Balatonalmádi - <https://www.nereus.hu/en/The-Hotel>

All costs related to these accommodation and the food (3 meals per day – breakfast, lunch, dinner and the coffee breaks – will be covered by the project's budget.

Extra cost

Our plan for the travel day is spend a day in our capital, Budapest. Reaching the city and go back to our venue easier, we will rent a private bus which will be available for us for the whole day.

For this we will ask for **15€** from every participant.

Other details

- ✦ All reimbursements will be transferred to a participant's personal account or the partner organization's account in ONE AMOUNT
- ✦ Transmit the informations and communicate easier, a facebook group will be created for the participants and the group leaders
- ✦ Participants are themselves responsible to get their travel insurance, but **we suggest you to have the blue european card for any case!**
- ✦ Unauthorized absence from the activities and the workshops is not permitted. If less than 90% of the activities attended, reimbursement will be cutted or not reimbursed at all

What to bring

- ✦ Comfortable clothes for the indoor and outdoor activities (depending on the weather)
- ✦ Each group at least one laptop (notebook) to make the working easier

- ✦ Traditional foods (which is no need to cooking) and drinks for the intercultural nights where each team will introduce their culture, hometown, country etc. If there's any presentations, please prepare with them in advance as well as with the videos.
- ✦ Those who uses any medicines should bring with themselves

Contact

In case of any additional questions feel more than welcome to contact us!



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Pictures from the venue

